



Fondazione Fzione Cattolica Scuola di Santità
Fundación Fcción Católica Escuela de Santidad
Foundation Catholic Action School of Sanctity
PIO XI

IN PREPARATION FOR THE 1ST OF NOVEMBER ALL SAINTS' DAY

REFLECTION | TESTIMONIES | PRAYER

Do not be afraid of holiness ... Do not be afraid to set your sights higher

Gaudete et Exsultate 32.34

Friday, 30 October 2020 - online for 1h



Opening Prayer

P. IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY SPIRIT. AMEN.

INTRODUCTION

READING from DOGMATIC CONSTITUTION ON THE CHURCH *LUMEN GENTIUM*

41. The classes and duties of life are many, but holiness is one—that sanctity which is cultivated by all who are moved by the Spirit of God, and who obey the voice of the Father and worship God the Father in spirit and in truth. These people follow the poor Christ, the humble and cross-bearing Christ in order to be worthy of being sharers in His glory. Every person must walk unhesitatingly according to his own personal gifts and duties in the path of living faith, which arouses hope and works through charity.

READING from APOSTOLIC EXHORTATION *GAUDETE ET EXSULTATE*

63. There can be any number of theories about what constitutes holiness, with various explanations and distinctions. Such reflection may be useful, but nothing is more enlightening than turning to Jesus' words and seeing his way of teaching the truth. Jesus explained with great simplicity what it means to be holy when he gave us the Beatitudes (cf. *Mt* 5:3-12; *Lk* 6:20-23). The Beatitudes are like a Christian's identity card. So if anyone asks: "What must one do to be a good Christian?", the answer is clear. We have to do, each in our own way, what Jesus told us in the Sermon on the Mount.^[66] In the Beatitudes, we find a portrait of the Master, which we are called to reflect in our daily lives.

64. The word "happy" or "blessed" thus becomes a synonym for "holy". It expresses the fact that those faithful to God and his word, by their self-giving, gain true happiness.

66. Let us listen once more to Jesus, with all the love and respect that the Master deserves. Let us allow his words to unsettle us, to challenge us and to demand a real change in the way we live. Otherwise, holiness will remain no more than an empty word. We turn now to the individual Beatitudes in the Gospel of Matthew (cf. *Mt* 5:3-12)

READING from *Matthew (5,3-12)*

3.How blessed are the poor in spirit: the kingdom of Heaven is theirs.

4.Blessed are the gentle: they shall have the earth as inheritance.

5.Blessed are those who mourn: they shall be comforted.

6.Blessed are those who hunger and thirst for uprightness: they shall have their fill.

7.Blessed are the merciful: they shall have mercy shown them.

8.Blessed are the pure in heart: they shall see God.

9.Blessed are the peacemakers: they shall be recognised as children of God. 10.Blessed are those who are persecuted in the cause of uprightness: the kingdom of Heaven is theirs.

11.'Blessed are you when people abuse you and persecute you and speak all kinds of calumny against you falsely on my account.

12.Rejoice and be glad, for your reward will be great in heaven; this is how they persecuted the prophets before you."