## "Young people in the light of ChV", a document of formation for the mission of CA young people

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Dear friends of Catholic Action, Pope Francis begins his Apostolic Exhortation by reminding us that Christ is the hope, that he is the most beautiful youth in this world and that everything he touches becomes young, new and full of life.

Faced with this great premise, we must have the courage to joyfully embark on this journey which is clearly traced by the Apostolic Exhortation CHRISTUS VIVIT la for the young people of the world, so that we can be true missionary disciples in today's reality, go out on the street, be protagonists and capable to fight for the common good, servants of the poor and protagonists of the revolution of charity and service.

Catholic Action exists to EVANGELIZE and this is the key that guides this material, it is a formative, dynamic and attractive proposal that invites us to carry out a pastoral care in a permanent way of mission, embodied in the reality of each and every one of us young people, with our dreams and our joys, but also with our pains and our limitations. Let us not forget what the Pope underlines in point 240: "If we can hear what the Spirit is saying to us, we have to realize that youth ministry is always missionary."

Finally, I dare once again to quote number 143, which tells us: "Dear young people, make the most of these years of your youth. Don't observe life from a balcony. Don't confuse happiness with an armchair, or live your life behind a screen. Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anaesthetized or approach the world like tourists. Make a ruckus! Cast out the fears that paralyze you, so that you don't become young mummies. Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly! Please, don't take early retirement."

We invite all young people to take the risk to become protagonists and to embrace the proposal of Christus Vivit, using it as an effective tool and evangelizing compass that can transform our hearts and that of other young people according to the Good News of Jesus of Nazareth.